

Sizing and Customization of Heelift® Boots



Heelift® AFO

Size Heelift® Suspension Boot

Calf circumference	Weight
Petite (smooth and convoluted foam) 15 – 25 cm 6 – 10 inches	32 – 59 kg 70 – 130 lbs
Standard (smooth and convoluted foam) 20 – 36 cm 8 – 14 inches	54 – 113 kg 120 – 250 lbs
Bariatric (smooth foam) 30 – 58 cm 12 – 23 inches	100 – 272 kg 220 – 600 lbs

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Universal (smooth and convoluted foam) 20 – 36 cm 8 – 14 inches	54 – 113 kg 120 – 250 lbs
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Smooth foam

Convoluted foam



Step 1: Place the foot inside the boot with the heel positioned above the heel suspension opening. The heel should hang over the bottom elevation pad.



Step 2: Pull the closure straps over the leg and thread them through the D-rings. Use hook-and-loop closures to secure the straps. Leave flaps slightly open to provide added ventilation.



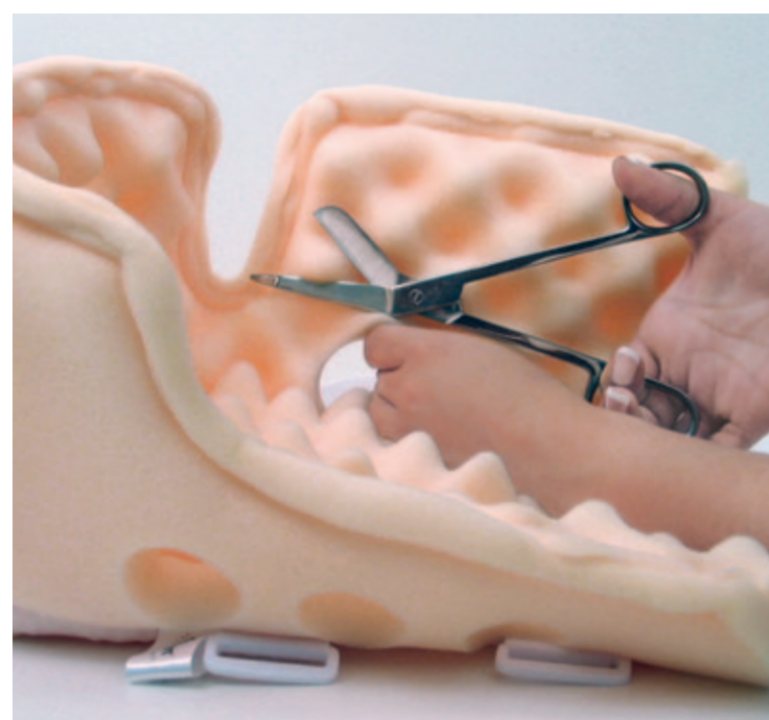
Step 3: Test for the proper fit. You should be able to fit your fingers between the heel opening and the bed. The boot should not move freely on the leg.



Hip Rotation: Secure the extra pad in a horizontal position to outer side of the boot.



Foot Drop: Secure the extra pad in a vertical position behind the sole of the foot.



Malleolar Decubitus: Cut away the bumps surrounding the ankle. Cut a portion of the fixed pad if necessary.



Achilles Tendon: If redness occurs in this area, cut a »V« shape out of the fixed pad. If using both pads, customize the upper pad.



Heelift® Suspension Boot

Washing of Heelift® Boots

Made of latex-free polyurethane foam. Recommended for single-patient use.

To hand wash: Use mild cleanser and warm water.

To machine wash and dry: Secure straps and place in net laundry bag or pillowcase.

To sterilize: Use standard protocols with a steam autoclave. Allow a few hours to cool and dry completely.



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