

Relief Dual® Plus

Off-loading shoe with high ankle support

PLUS even more applications for postoperative management and wound treatment



64%
higher than the
Relief Dual®



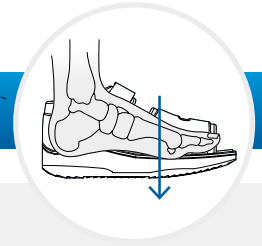
- > The Relief Dual® Plus easily accommodates bulky dressings
- > For treatment of postoperative forefoot conditions, plantar wounds in the forefoot area and dorsal wounds at the heel
- > Relief and restriction of ankle movement thanks to the stiffening element (fully reinforced rigid shoe base)
- > Latest rear entry design due to maximal opening of the shoe
- > Innovative dual sole technology: abrasion-resistant, light, shock-absorbing and anti-slip
- > Can be combined individually with DARCO modular insole systems



DARCO

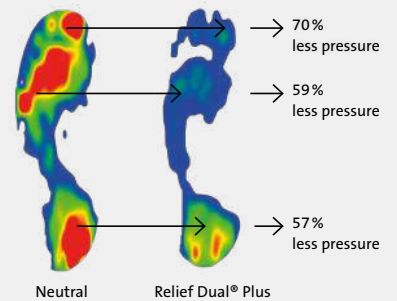
Relief Dual® Plus

Off-loading shoe with a high shaft and adjustable heel cap



Proven quality, innovative concepts!

Back-shifted pivot point
for less pressure on the forefoot



Flat off-loading shoe with a high shaft and a closure strap that goes around the ankle

There is virtually no movement of the ankle during each step due to continuous, rigid reinforcement of the base of the shoe which generates greater off-loading of the forefoot. Furthermore, this achieves improved pressure redistribution.

INDICATIONS


- > Postoperative
 - For stabilisation and offloading, e.g. in case of foot osteotomies
 - For removal of Haglund exostosis
 - After surgery for fasciitis plantaris / heel spur
- > For wound therapy


FEATURES

- > High shaft → Orthograde rearfoot stability
- > Individually adjustable heel cap → Optimal support + maximum stability
- > Closure strap goes around the ankle → Additional support
- > Space for bulky dressings
- > Innovative dual sole technology → Abrasion resistant, shock absorbing, anti-slip with continuous rigid reinforcement of the base of the shoe
- > Reduced dorsiflexion moments → High forefoot off-loading
- > Less ankle movement + improved pressure redistribution after surgery
- > Negative heel through use of the insoles Puzzle Insole®, Relief Contour Insole
- > Wide hook and loop strap with medial and lateral strap loops
- > Square Toe: Generous angular shape → Toe protectio

Right = Left 

Exchangeable insole 

For diabetics with a suitable insole 

Compensation shoe not necessary 



Benefits at a glance



- > High shaft for orthograde rearfoot stability
- > Flexible and adjustable heel cap
- > More space, no pressure points
- > Soft lining



- > Built up in layers for improved pressure redistribution through the long-sole, rigid inner sole



- > Closure strap goes around the ankle
- > Strap loops on both sides
- > Hook and loop fastener can be cut to desired length



- > Space for inserts through the removable sole (also diabetes-compliant foot bed)
- > Low profile height – no height adjustment necessary



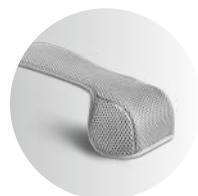
- > Latest rear entry design due to maximal opening of the shoe



- > Slip-resistant rubber sole
- > Improved shock absorption particularly in the heel and ball area



- > Seamless and larger comfort area after, e.g., hallux valgus surgery



- > Toe cap optionally available
- > Impact protection for the toes
- > Protects toes from inclement weather and dirt



PegAssist® Insole

Peg Off-Loading Insole



Selective off-loading through individual relief zones

INDICATIONS

Selective off-loading for:

- > Plantar lesions
- > Plantar ulcerations
- > Pressure points

FEATURES

- > Insert system with individually removable pegs
 - Individual fitting
- > Plantar pressure redistribution
- > Targeted, punctual pressure relief
- > Pressure reduced by up to 50 %
- > Shock-inhibiting
- > Material: 18 mm PE foam layer + Poron® + EVA
- > Square Toe: Generous angular shape
 - Toe protection
- > Marker pen (included)

Right = Left 

For diabetics 

Low weight 

Time saving 



PegContour® Insole Uni

Universal Peg Arch Cushion Insole



Simultaneous targeted offloading and pressure redistribution over the entire surface

INDICATIONS

- > For use following hallux valgus and small toe surgeries (Austin, Akin, Scarf, Weil, Hohmann, etc.)
- > Postoperative use and treatment of the heel
- > Angioneuropathic changes of the foot in combination with mild foot deformities
- > Healing of ulcerations in the heel area
- > Plantar fasciitis / heel spur
- > Heel wounds

For selective off-loading for:

- > Plantar lesions
- > Plantar ulcerations / ulcer prevention
- > Pressure points

FEATURES

- > Shock-inhibiting arch-cushion insole (long-sole) with individually removable pegs → Individual fit
- > Plantar pressure redistribution + targeted, selective pressure relief
- > Pressure reduced by up to 45 %
- > Customisable PU material with high shape recovery
- > Soft sole covering made of lengthwise and crosswise elastic polyester → High wearing comfort
- > Sole symmetrical → Universal fit for right and left
- > For lesions in the arch of the foot

Right = Left



For diabetics



Time saving



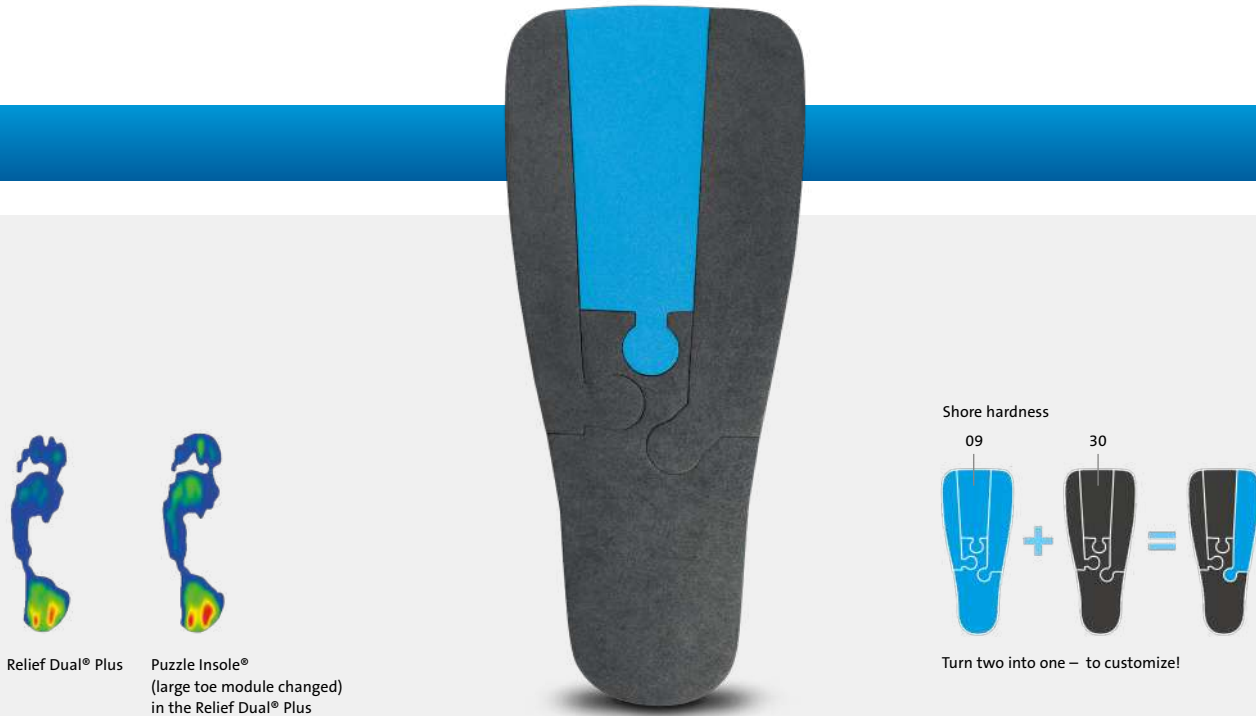
NEW
VERSION

THE NEW VERSION HAVE SEVERAL ADVANTAGES

- + Modified production method
→ No EVA insole floor / backing plate required
- + Easier and quicker customisation
- + Optimised PU material composition
→ Better resilience
- + New insole lining and colour design
- + Made in Europe

Puzzle Insole®

Modular Insole



Indication-specific pressure relief through a modular insole with interchangeable elements

INDICATIONS

1 Small Toe Module (narrow)

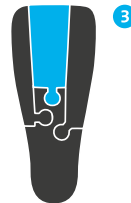
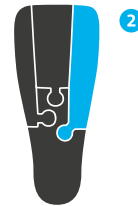
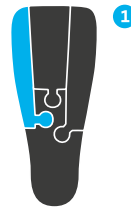
- > Tailor's bunion (digitus superductus)
- > Jones fracture (puzzle module extends to Lisfranc joint row)

2 Large Toe Module (wide)

- > MTG joint and base joint arthrodesis
- > Austin, Scarf and Akin osteotomy
- > Closing and opening wedge
- > Transverse and pendulum osteotomy
- > Lapidus arthrodesis (TMT1 arthrodesis)
- > Youngswick osteotomy (puzzle module extends to cuneiform I)

3 Middle Module

- > Weil and / or Helal osteotomy I – IV
- > Morton's neuroma
- > Hammer toe correction
- > PIP / DIP arthrodesis
- > Metatarsal bone fractures II - IV
- > Shortening osteotomy of the metatarsal bones II - IV (puzzle module extends to proximal end of the metatarsal bones II - IV)



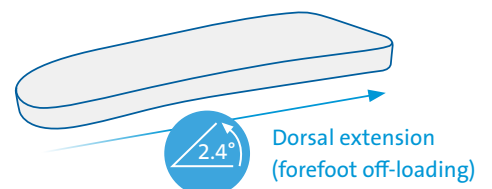
Right = Left 

Low weight 

Time saving 

FEATURES

- > Set of two soles (blue + black) with 4 elements each → Individual combination options
- > Different Shore hardnesses: Blue 09, Black 30
- > Different composition of the sole modules → Indication-dependent pressure redistribution
- > Dorsal extension: Negative heel of 2.4° → Forefoot off-loading
- > Plantar pressure redistribution
- > Shock-inhibiting
- > Material: EVA foam
- > Square Toe: Generous angular shape → Toe protection



Relief Contour Insole

Arch Cushion Insole




Pressure redistribution of up to 90 % due to nearly full contact

INDICATIONS

- > For use following hallux valgus and small toe surgeries (Austin, Akin, Scarf, Weil, Hohmann, etc.)
- > Talipes valgus, flat foot, splayfoot
- > Angioneuropathic changes of the foot in combination with mild foot deformities

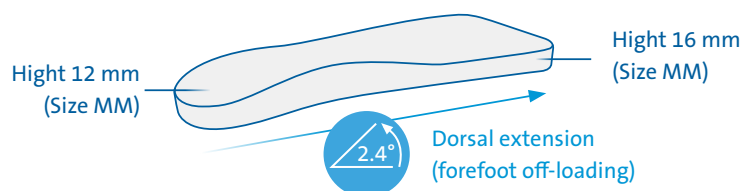
Right ≠ Left 

For diabetics 



Time saving 

FEATURES





- > Arch cushion insole (long-soled)
- > Anatomically adapted contours → Optimal pressure redistribution
- > Contact between foot and sole over almost the entire surface
→ Pressure redistribution up to 90 %
- > Dorsal extension: Negative heel of 2.4° → Forefoot off-loading
- > Medial longitudinal arch and proximal transverse arch
→ Ideal load redistribution
- > Customisable PU material with high shape recovery
- > Soft lengthwise and crosswise sole covering → High wearing comfort
- > Square Toe: Generous angular shape → Toe protection



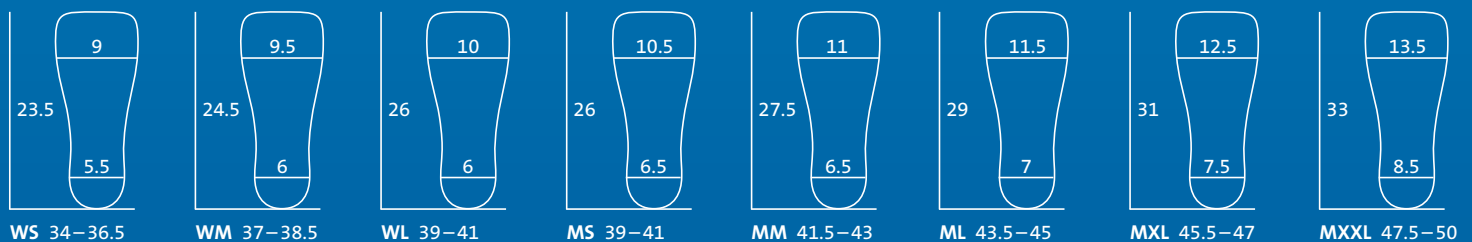
Article List

SIZE	ART. NO.	SIZE	ART. NO.
 Relief Dual® Plus		 Toe cap (optional)	
Women Colour grey:		Women	
WS 34.0 – 36.5	RDP-W1	WS 34.0 – 36.5	TCDW1
WM 37.0 – 38.5	RDP-W2	WM 37.0 – 38.5	TCDW2
WL 39.0 – 41.0	RDP-W3	WL 39.0 – 41.0	TCDW3

Men Colour grey:		Men	
MS 39.0 – 41.0	RDP-M1	MS 39.0 – 41.0	TCDM1
MM 41.5 – 43.0	RDP-M2	MM 41.5 – 43.0	TCDM2
ML 43.5 – 45.0	RDP-M3	ML 43.5 – 45.0	TCDM3
MXL 45.5 – 47.0	RDP-M4	MXL 45.5 – 47.0	TCDM4
MXXL 47.5 – 50.0	RDP-M5		

SIZE	ART. NO.	SIZE	ART. NO.	SIZE	ART. NO.	SIZE	ART. NO.	
 PegAssist® Insole		 PegContour® Insole Uni		 Puzzle Insole®		 Relief Contour Insole		
Women		Women		Women		Women	Right	Left
WS 34.0 – 36.5	PAS-W1	WS 34.0 – 36.5	PCIU-W1	WS 34.0 – 36.5	PI-WS	WS 34.0 – 36.5	RC-W1-R	RC-W1-L
WM 37.0 – 38.5	PAS-W2	WM 37.0 – 38.5	PCIU-W2	WM 37.0 – 38.5	PI-WM	WM 37.0 – 38.5	RC-W2-R	RC-W2-L
WL 39.0 – 41.0	PAS-W3	WL 39.0 – 41.0	PCIU-W3	WL 39.0 – 41.0	PI-WL	WL 39.0 – 41.0	RC-W3-R	RC-W3-L
Men		Men		Men		Men		
MS 39.0 – 41.0	PAS-M1	MS 39.0 – 41.0	PCIU-M1	MS 39.0 – 41.0	PI-MS	MS 39.0 – 41.0	RC-M1-R	RC-M1-L
MM 41.5 – 43.0	PAS-M2	MM 41.5 – 43.0	PCIU-M2	MM 41.5 – 43.0	PI-MM	MM 41.5 – 43.0	RC-M2-R	RC-M2-L
ML 43.5 – 45.0	PAS-M3	ML 43.5 – 45.0	PCIU-M3	ML 43.5 – 45.0	PI-ML	ML 43.5 – 45.0	RC-M3-R	RC-M3-L
MXL 45.5 – 47.0	PAS-M4	MXL 45.5 – 47.0	PCIU-M4	MXL 45.5 – 47.0	PI-MXL	MXL 45.5 – 47.0	RC-M4-R	RC-M4-L

Sizes and Measurements



All measurements are defined in cm and correspond to the insole. DARCO shoe sizes represent a general reference only.

The choice of shoe size is significantly influenced by the volume of the bandages and size of cast.

