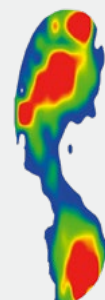


Relief Dual[®] Relief Dual[®] Plus

Off-loading Shoes



Say goodbye to the
forefoot plateau!



Neutral
measurement



Relief Dual[®] / Plus

Stabilisation and off-loading without forefoot plateau!



The advantages

Dual-sole technology

- EVA intermediate sole + rubber outsole
 - High, shock absorption in the heel and ball area
 - Stable, non-slip rolling

Rigid targeted off-loading post-surgery and with diabetes

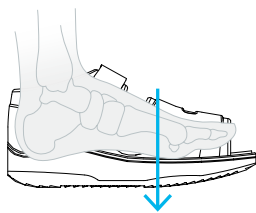
- Inner sole
 - Reduced joint movement
- Back-shifted ball rocker
 - Off-loads the forefoot
- Negative heel when using DARCO insoles
- Also suitable for diabetes-adapted footbed

Easy adjustment – comfortable in daily life

- Broad hook and loop fastener across the instep
 - Trimmable, self-closing, double-wound
- Seamless forefoot breathable upper material
- Removable insole wide entry

Sophisticated design for more protection

- Square Toe
 - Protects the toes
- Low profile height
 - No height compensation necessary

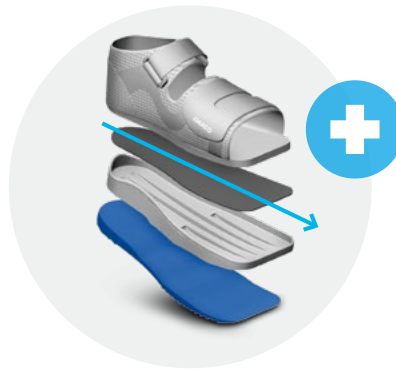


Back-shifted ball rocker

Insole replaceable with



- Puzzle Insole®
- Relief Contour Insole
- PegAssist® Insole
- PegContour® Insole Uni



Shoe base
reinforcement
→ **Optimised rolling
characteristics**

The differences

Relief Dual® Plus
shaft
**64%
higher**
than Relief Dual®



Relief Dual® Plus
Closure strap goes
around the ankle



Relief Dual®
Stable heel cap for
improved rearfoot stability



Relief Dual® Plus
Individually adjustable
heel cap



Relief Dual®
Wide entry




Relief Dual® Plus
Maximum opening width


Relief Dual®

Off-Loading Shoe

Right = Left 

Exchangeable insole 

For diabetics with a suitable insole 

Compensation shoe not necessary 

Low weight 



Features

- Innovative dual-sole technology
 - Abrasion-resistant, shock-absorbing, anti-slip, with continuous rigid shoe base reinforcement
- Reduced ankle joint movement + improved pressure redistribution after surgery
- Negative heel through use of the insoles Puzzle Insole®, Relief Contour® Insole

- Suitable for diabetes-adapted footbed
- Wide hook and loop strap with medial + lateral strap loops
- Back-shifted ball rocker
 - Less loading in the forefoot
- Square Toe: Spacious, angular shape
 - Protection of the toes

Indications


- Postoperative for stabilisation and off-loading, e. g. foot osteotomies


Relief Dual® Plus


Off-Loading Shoe with High Ankle Support

Right = Left 

Exchangeable insole 

For diabetics with a suitable insole 

Compensation shoe not necessary 

64% 
higher than with
Relief Dual®




Base of the shoe
reinforced


Back-shifted
ball rocker

Features

- High shaft: 64 % higher than with Relief Dual®
 - Orthograde rearfoot support
- Individually adjustable heel cap
 - Optimal support + maximum stability
- Closure strap goes around the ankle
 - Additional support
- Maximum opening width
 - Space for bulky dressings
- Reduced dorsal extension momenta
 - High forefoot off-loading
- Back-shifted ball rocker
 - Less loading in the forefoot
- Innovative dual-sole technology
 - Abrasion-resistant, shock-absorbing, anti-slip, with continuous shoe base reinforcement
- Less ankle movement + improved pressure redistribution after surgery
- Negative heel through use of the insoles Puzzle Insole®, Relief Contour Insole
- Suitable for diabetes-adapted footbed
- Wide hook and loop strap with medial + lateral strap loops
- Square Toe: Spacious, angular shape
 - Protection of the toes

Indications

- Postoperativ:
 - For stabilisation and offloading, e.g. foot osteotomies
 - Due to removal of Haglund exostosis
 - Due to fasciitis plantaris / heel spurs
- For wound therapy

Pressure-relieving and flexible Insole-Systems

Details on the insoles in the separate flyer.

PegAssist® Insole

Peg Off-Loading Insole



Indications

For targeted off-loading with:

- Plantar lesions
- Plantar ulcerations
- Pressure points

PegContour® Insole Uni

Universal Peg Arch Cushion Insole



Indications

- For use after hallux valgus and small toe surgeries (Austin, Akin, Scarf, Weil, Hohmann, etc.)
 - Postoperative use and treatment of the heel
 - Angioneuropathic changes of the foot in combination with mild foot deformities
 - Healing of ulcerations in the heel area (rearfoot ulcers)
 - Heel wounds
 - Fasciitis plantaris / Heel spur
- For targeted off-loading with:**
- Plantar lesions
 - Plantar ulcerations
 - Pressure points

Puzzle Insole®

Modular Insole



Indications

Small Toe Module (narrow)

- Tailor's bunion (digitus superductus)
- Jones fracture (puzzle module extends to Lisfranc joint row)

Large Toe Module (wide)

- MTG joint and base joint arthrodeses
- Austin, Scarf and Akin osteotomies
- Closing and opening wedge
- Transverse and pendulum osteotomies
- Lapidus arthrodesis (TMT1 arthrodeses)
- Youngswick osteotomies (puzzle module extends to cuneiform I)

Middle Module

- Weil and / or Helal osteotomies I-IV
- Morton's neuroma
- Hammer toe corrections
- PIP / DIP arthrodeses
- Metatarsal bone fractures II - IV
- Shortening osteotomy of the metatarsal bones II - IV (puzzle module extends to proximal end of the metatarsal bones II - IV)



Relief Contour Insole

Arch Cushion Insole



Indications

- For use following hallux valgus and small toe surgeries (Austin, Akin, Scarf, Weil, Hohmann, etc.)
- Talipes valgus, flat foot, splayfoot
- Angioneuropathic changes of the foot in combination with mild foot deformities





Cleverly combined for optimal results.

Sizes + measurements

Size	Shoe Size	Insole			Relief Dual®	Relief Dual® Plus
		A	B	C	Art. No.	Art. No.
Women						
WS	34.0 – 36.5	23.6	9.0	5.5	RD-W1	RDP-W1
WM	37.0 – 38.5	24.6	9.5	6.0	RD-W2	RDP-W2
WL	39.0 – 41.0	26.0	10.0	6.0	RD-W3	RDP-W3
Men						
MS	39.0 – 41.0	26.0	10.5	6.5	RD-M1	RDP-M1
MM	41.5 – 43.0	27.5	11.0	6.5	RD-M2	RDP-M2
ML	43.5 – 45.0	29.0	11.5	7.0	RD-M3	RDP-M3
MXL	45.5 – 47.0	31.0	12.5	7.5	RD-M4	RDP-M4
MXXL	47.5 – 50.0	33.0	13.5	8.5	-	RDP-M5



All measurements are given in cm and correspond to the size of the insole. The specified shoe sizes are guidelines. The choice of shoe size depends largely on the volume of the respective dressing.

Combination products

Size	Shoe Size	Toe Cap (optional)	Relief Contour Insole	PegContour® Insole Uni	PegAssist® Insole	Puzzle Insole®	
		Art. No.	Art. No.	Art. No.	Art. No.	Art. No.	
Women							
			Right	Left			
WS	34.0 - 36.5	TCDW1	RC-W1-R	RC-W1-L	PCIU-W1	PAS-W1	PI-WS
WM	37.0 - 38.5	TCDW2	RC-W2-R	RC-W2-L	PCIU-W2	PAS-W2	PI-WM
WL	39.0 - 41.0	TCDW3	RC-W3-R	RC-W3-L	PCIU-W3	PAS-W3	PI-WL
Men							
MS	39.0 - 41.0	TCDM1	RC-M1-R	RC-M1-L	PCIU-M1	PAS-M1	PI-MS
MM	41.5 - 43.0	TCDM2	RC-M2-R	RC-M2-L	PCIU-M2	PAS-M2	PI-MM
ML	43.5 - 45.0	TCDM3	RC-M3-R	RC-M3-L	PCIU-M3	PAS-M3	PI-ML
MXL	45.5 - 47.0	TCDM4	RC-M4-R	RC-M4-L	PCIU-M4	PAS-M4	PI-MXL
MXXL	47.5 - 50.0	TCDM5	-	-	PCIU-M5	-	-

Measure pressure.
Targeted **offloading**.



Relief Dual® / Plus



+ Relief Contour Insole



+ PegContour® Insole Uni
Recess forefoot
MTP II + III



+ PegAssist® Insole
Recess forefoot
MTP II + III



+ Puzzle Insole®
Exchange
Big-toe module



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